



# WINTER HOT LUNCH

February 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Monday, January 30</b> Beef Burger w/ American Cheese <i>Veggie Burger</i> WG Hamburger Bun Sweet Potato Fries Lemony Chickpea Salad Apple Slices	<b>Tuesday, January 31</b> Pad Thai Chicken <i>Pad Thai Tofu</i> Brown Rice Peas Sweet Corn Pear Slices	<b>Wednesday, February 1</b> WG Rotini Pasta w/ Creamy Garlic Sauce & Mozzarella Cheese WG Breadstick Baby Carrots Green Beans Apple Slices	<b>Thursday, February 2</b> Chicken Pozole w/ Lime Wedge <i>Vegetarian Pozole w/ Lime Wedge</i> WG Tortilla Chips Cabbage Three Bean Salad Pineapple	<b>Friday, February 3</b> BBQ Chicken Drumstick <i>BBQ Tofu</i> Brown Rice Broccoli Cherry Tomatoes Melon
<b>Monday, February 6</b> WG Chicken Nuggets <i>Veggie Nuggets</i> WG Bread Slice Potato Fries Baby Carrots Appleberry Sauce	<b>Tuesday, February 7</b> Kung Pao Chicken <i>Kung Pao Tofu</i> Brown Rice Green Beans Lemony Chickpea Salad Orange Slices	<b>Wednesday, February 8</b> WG Rotini w/ Tomato Cream Sauce & Mozzarella WG Breadstick Sweet Corn Apple Slices	<b>Thursday, February 9</b> Adobo Chicken <i>Adobo Tofu</i> Brown Rice Broccoli Roasted Chickpeas Melon	<b>Friday, February 10</b> Beef Sloppy Joe <i>Veggie Sloppy Joe</i> WG Hamburger Bun Roasted Zucchini Cherry Tomatoes Fruit Salad CHP
<b>Monday, February 13</b> Sweet & Sour Chicken <i>Sweet &amp; Sour Tofu</i> Brown Rice Cucumber Salad Baby Carrots Pear Slices	<b>Tuesday, February 14</b> Turkey Taco Bowl <i>Boca Crumble Taco Bowl</i> Brown Rice Corn Salsa Apple Slices	<b>Wednesday, February 15</b> Creamy Mac 'n Cheese WG Breadstick Green Beans Lemony Chickpea Salad Melon	<b>Thursday, February 16</b> Chicken Tortilla Soup <i>Vegetarian Tortilla Soup</i> WG Tortilla Chips Cabbage Three Bean Salad Pineapple	<b>Friday, February 17</b> Grilled Cheese Broccoli Cherry Tomatoes Orange Slices
<b>Monday, February 20</b> WG Chicken Nuggets <i>Veggie Nuggets</i> WG Bread Slice Baby Carrots Sweet Corn Pearsauce	<b>Tuesday, February 21</b> WG "Crispy" Chicken Sandwich <i>Veggie Burger</i> WG Hamburger Bun Peas Lemony Chickpea Salad Appleberry Sauce	<b>Wednesday, February 22</b> WG Mostaccioli Green Beans Baby Carrots Orange Slices	<b>Thursday, February 23</b> Three Bean Chili w/ Shredded Cheddar Corn Bread Potato Fries Cucumber Slices Pear Slices	<b>Friday, February 24</b> Fajita Seasoned Chicken <i>Fajita Seasoned Tofu</i> Brown Rice & WG Tortilla Chips Broccoli Black Beans & Corn Salad Melon

WG = Whole Grain  
 CHP = Cantaloupe, Honeydew, Pineapple

\*We are an equal opportunity employer.

\*\*Two types of milk are offered with each meal.