

## WINTER COLD PACKAGED BREAKFAST MENU

December
January
February

Monday Tuesday Wednesday Thursday Friday

	February 1	February 2	February 3	February 4
	Apple Bread	Yogurt Parfait w/ Granola	Gingerbread Muffin	WG Apple Orchard GrowBar
	Pear Slices	Crumble & Peach GrowYo	Fruit Salad CH	String Cheese
		Melon		Melon
February 7	February 8	February 9	February 10	February 11
Cereal	Banana Bread	WG Bagel	Chocolate GrowBar	Appleberry Muffin
String Cheese	Applesauce	Cream Cheese	String Cheese	Melon
Apple Slices		Raisins	Melon	
February 14	February 15	February 16	February 17	February 18
Cereal	Apple Bread	WG Bagel	Cinnamon Muffin	Yogurt Parfait w/ Granola
String Cheese	Pear Slices	Cream Cheese	Melon	Crumble & Strawberry GrowYo
Orange Slices		Raisins		Pineapple
February 21	February 22	February 23	February 24	February 25
Cereal	Banana Bread	Blueberry Muffin	WG Bagel	Yogurt Parfait w/ Granola
String Cheese	Pear Slices	Orange Slices	Cream Cheese	Crumble & Vanilla GrowYo
Apple Slices			Raisins	Fruit Salad CH
February 28				
Cereal				
String Cheese				
Applesauce				

WG = Whole Grain
CHP = Cantaloupe, Honeydew, Pineapple

