## gourmet Goorila F A L L LUNCH MENU

September October November

Monday	Tuesday	Wednesday	Thursday	Friday
				October 1
October 4	October 5	October 6	October 7	October 8
October 11	October 12	October 13	October 14	October 15
October 18	October 19	October 20	October 21	October 22
WG Ravioli w/ Marinara Sauce Mozzarella Cheese Baby Carrots Apple Slices 1%/Skim Milk	Adobo Chicken Brown Rice Lemony Chickpea Salad Peas Orange Slices 1%/Skim Milk	Creamy Garlic Pasta Mozzarella Cheese Cauliflower Green Beans Fruit Salad CHP 1%/Skim Milk	Beef Burger WG Hamburger Bun Potato Fries Three Bean Salad Pear Slices 1%/Skim Milk	Grilled Cheese Sandwich Broccoli Cucumber Slices Pineapple 1%/Skim Milk
October 25	October 26	October 27	October 28	October 29
WG Chicken Nuggets WG Roll Lemony Chickpea Salad Carrots Apple Slices 1%/Skim Milk	WG Penne w/ Marinara Sauce Mozzarella Cheese Peas Apple Sauce 1%/Skim Milk	Orange Chicken Brown Rice & WG Roll Cauliflower Corn Cantaloupe 1%/Skim Milk	WG Mac & Cheese Broccoli Cherry Tomatoes Pineapple 1%/Skim Milk	WG YA Quesadilla Green Beans Three Bean Salad Orange Slices 1%/Skim Milk

GourmetGorilla.com