

\*Sides may change based on freshness and availability

# summer lunch menu }

june 2018  
july 2018  
august 2018

monday	tuesday	wednesday	thursday	friday
		<b>August 1, 2018</b> Lemon Chicken <i>Lemon Tofu</i> Broccoli Cantaloupe Brown Rice	<b>August 2, 2018</b> Ravioli Marinara Green Beans Pear Slices	<b>August 3, 2018</b> Turkey Sloppy Joes <i>Boca Sloppy Joes</i> Baby Carrots Honeydew Whole Grain Bun
<b>August 6, 2018</b> Beef Burgers <i>Veggie Burgers</i> Potato Fries Apple Slices Whole Grain Bun	<b>August 7, 2018</b> Buffalo Chicken Sandwich <i>Buffalo Tofu Sandwich</i> Green Beans Honeydew	<b>August 8, 2018</b> Pasta Marinara w/ Mozzarella Cheese Broccoli Cantaloupe	<b>August 9, 2018</b> Turkey Meatloaf <i>Veggie Meatloaf</i> Baby Carrots Fruit Salad Whole Grain Bread	<b>August 10, 2018</b> Pizza Muffins w/ Marinara Cucumber Slices Orange Slices
<b>August 13, 2018</b> Chicken Nuggets <i>Veggie Nuggets</i> Cold Peas Applesauce Whole Grain Bread	<b>August 14, 2018</b> Beef Tacos <i>Boca Tacos</i> Peppers & Onions Orange Slices Flour Tortilla	<b>August 15, 2018</b> Creamy Mac n Cheese Broccoli Cantaloupe	<b>August 16, 2018</b> Vegetarian Chili Cucumber Fruit Salad Corn Bread	<b>August 17, 2018</b> BBQ Chicken Drumstick <i>BBQ Tofu</i> Sweet Potato Fries Honeydew Whole Grain Roll
<b>August 20, 2018</b> All Natural Hot Dog <i>Tofu Pup</i> Green Beans Apple Slices Whole Grain Bun	<b>August 21, 2018</b> Adobo Chicken <i>Adobo Tofu</i> Baby Carrots Honeydew Flour Tortilla	<b>August 22, 2018</b> Turkey Meatball Marinara <i>Veggie Meatball Marinara</i> Cucumber Slices Applesauce	<b>August 23, 2018</b> Rotini Pasta w/ Tomato Cream Sauce & Cheese Broccoli Fruit Salad	<b>August 24, 2018</b> Southwest Veggie Burger Roasted Sweet Potatoes Orange Slices WG Bun
<b>August 27, 2018</b> Fish Tenders <i>Veggie Nuggets</i> Cold Peas Apple Slices Whole Grain Bread	<b>August 28, 2018</b> Bean & Cheese Burrito Orange Slices Corn	<b>August 29, 2018</b> Lemon Chicken <i>Lemon Tofu</i> Broccoli Cantaloupe Brown Rice	<b>August 30, 2018</b> Ravioli Marinara Green Beans Pear Slices	<b>August 31, 2018</b> Turkey Sloppy Joes <i>Boca Sloppy Joes</i> Baby Carrots Honeydew Whole Grain Bun

nut free kitchen!  
scratch cooking



# Fall Lunch Menu } september october november

monday	tuesday	wednesday	thursday	friday
<b>September 3, 2018</b>  Fish Tenders <i>Veggie Nuggets</i> Corn Applesauce Ketchup Whole Grain Bread	<b>September 4, 2018</b>  Southwest Veggie Burger Potato Fries Pear Slices Sour Cream Whole Grain Bun	<b>September 5, 2018</b>  Pizza Muffins w/ Marinara Broccoli Cantaloupe	<b>September 6, 2018</b>  Turkey Sloppy Joes <i>Boca Sloppy Joes</i> Peas & Carrots Pineapple Whole Grain Bun	<b>September 7, 2018</b>  Buffalo Chicken Sandwich <i>Buffalo Tofu Sandwich</i> Baby Carrots Melon Salad Whole Grain Bun
<b>September 10, 2018</b>  All Natural Beef Hot Dog <i>Tofu Pup</i> Green Beans Apple Slices Whole Grain Bun	<b>September 11, 2018</b>  Turkey Tacos <i>Boca Tacos</i> Black Beans Orange Slices Flour Tortilla Salsa	<b>September 12, 2018</b>  Pasta w/ Marinara and Mozzarella Cheese Broccoli Cantaloupe	<b>September 13, 2018</b>  Bean & Cheese Burrito Cucumber Slices Pineapple Salsa	<b>September 14, 2018</b>  Turkey Sausage Patties <i>Veggie Sausage Patties</i> French Toast Baby Carrots Fruit Salad
<b>September 17, 2018</b>  Chicken Nuggets <i>Veggie Nuggets</i> Corn Apple Slices Ketchup Whole Grain Bread	<b>September 18, 2018</b>  Ravioli w/ Marinara Sauce Green Beans Pear Slices	<b>September 19, 2018</b>  Assian BBQ Drumsticks <i>Asian BBQ Tofu</i> Broccoli Cantaloupe Brown Rice	<b>September 20, 2018</b>  Vegetarian Chili Cucumber Slices Orange Slices Whole Grain Roll	<b>September 21, 2018</b>  Beef Burger <i>Veggie Burger</i> Baby Carrots Melon Salad Ketchup Whole Grain Bun
<b>September 24, 2018</b>  Grilled Cheese Cold Peas Apple Slices	<b>September 25, 2018</b>  Cheese Pizza Green Beans Pineapple	<b>September 26, 2018</b>  Chicken Teriyaki <i>Tofu Teriyaki</i> Broccoli Cantaloupe Brown Rice	<b>September 27, 2018</b>  Creamy Mac n Cheese Cucumber Slices Orange Slices	<b>September 28, 2018</b>  Turkey Meatball Marinara <i>Veggie Meatball Marinara</i> Baby Carrots Fruit Salad Whole Grain Bun