

*Sides may change based on freshness and availability

summer lunch menu } june 2017 july 2017 august 2017

monday	tuesday	wednesday	thursday	friday
	August 1st Turkey Melt Green Beans Fruit Salad	August 2nd Chicken Teriyaki Cucumber Cantaloupe Chunks Brown Rice	August 3rd Beef Burger Sweet Corn Honeydew WG Hamburger Bun	August 4th Fish Tenders Broccoli Orange Slices Whole Grain Bread
August 7th Turkey Meatballs Mashed Potatoes Pear Slices WG Hamburger Bun	August 8th Chicken Nuggets Peas Cantaloupe Chunks Whole Grain Bread	August 9th Bean & Cheese Burrito Cucumber Fruit Salad	August 10th Jerk Chicken Drumsticks Green Beans Orange Slices Brown Rice	August 11th Creamy WG Mac & Cheese Broccoli Honeydew Chunks
August 14th Adobo Chicken Fajitas Peppers & Onions Pineapple Chunks WG Tortilla	August 15th WG Cheese Ravioli Broccoli Apple Slices	August 16th Beef Hot Dog Carrots Honeydew Chunks WG Hot Dog Bun	August 17th BBQ Chicken Drumsticks Mashed Potatoes Fruit Salad WG Cornbread	August 18th WG Penne Pasta Marinara w/ Mozzarella Cucumber Slices Pearsauce
August 21st WG Cheesy Pizza Muffins Cucumber Slices Applesauce	August 22nd Sweet & Sour Chicken Broccoli Orange Slices Brown Rice	August 23rd Beef Sloppy Joe Green Beans Pineapple Chunks WG Hamburger Bun	August 24th Turkey Tacos Glazed Carrots Cantaloupe Chunks WG Tortilla	August 25th WG Spiral Pasta w/ Tomato Cream Sauce Peas & Carrots Honeydew
August 28th Chicken Nuggets Roasted Potatoes Applesauce Whole Grain Bread	August 29th Turkey Melt Green Beans Fruit Salad	August 30th Chicken Teriyaki Cucumber Cantaloupe Chunks Brown Rice	August 31st Beef Burger Sweet Corn Honeydew WG Hamburger Bun	



nut free kitchen!
scratch cooking