

This institution is an equal opportunity employer.



# Fall Lunch Menu

september 2016  
october 2016  
november 2016

monday	tuesday	wednesday	thursday	friday
31, 3 October <b>Fish Tenders</b> Baby Carrots Applesauce	4 October <b>Adobo Chicken</b> Peppers & Onion Pineapple Whole Grain Tortillas	5 October <b>Turkey Melt</b> Cucumber Fresh Fruit	6 October <b>Asian BBQ Chicken</b> Green Beans Fruit Salad Brown Rice	7 October <b>Beef Burger</b> Baked Potato Fries Cantaloupe Whole Grain Bun
10 October <b>Cheese Pizza</b> Baby Carrots Appleberry Sauce	11 October <b>Turkey Tacos</b> Green Beans Apple Slices Whole Grain Tortillas	12 October <b>Teriyaki Chicken</b> Asian Veggies Pineapple Brown Rice	13 October <b>Cheese Tortellini Marinara</b> Broccoli Cantaloupe	14 October <b>All Natural Hot Dog</b> Cucumber Orange Slices Whole Grain Bun
17 October <b>Chicken Nuggets</b> Sweet Peas Fruit Salad Whole Grain Bread	18 October <b>Tandoori Chicken</b> Glazed Carrots Pineapple Whole Grain Pita	19 October <b>Chipotle Chicken Burrito</b> Broccoli & Cauliflower Orange Slices	20 October <b>Beef Sloppy Joe</b> Baked Potato Fries Apple Slices Whole Grain Bun	21 October <b>Macaroni &amp; Cheese</b> Cucumber Cantaloupe
24 October <b>Turkey Meatballs Marinara</b> Sweet Peas Appleberry Sauce Whole Grain Bun	25 October <b>Cheese Ravioli Marinara</b> Broccoli Pineapple	26 October <b>All Natural Hot Dog</b> Baked Potato Fries Fruit Salad Whole Grain Bun	27 October <b>Chicken Quesadilla</b> Baby Carrots Apple Slices	28 October <b>Turkey Sausage Patties</b> Roasted Potatoes Orange Slices French Toast

